



GLENBURN SPA
GUVON SPA COLLECTION

SPA TREATMENT MENU

WELCOME TO GUVON SPAS:

A Journey to Serenity

At Guvon Spas, we believe that true well-being is found in the balance between nature and nurture. Drawing on decades of hospitality excellence, we have curated a collection of award-winning sanctuaries across South Africa's most scenic landscapes, offering you a secluded space to breathe, restore, and rediscover your inner calm.

Each of our spas is an architectural tribute to relaxation, designed to whisk you away from the rush of modern life. Whether you are overlooking the rolling hills of the Cradle of Humankind or nestled in the heart of the city, our focus remains on your total renewal. From therapeutic massages to botanical-infused facials, our treatments harmoniously blend ancient healing traditions with contemporary wellness rituals to soothe the body and spirit.

Step into our world, leave the horizon behind, and let us guide you toward a state of complete harmony. Your journey to tranquility begins here.

OUR LEGACY OF EXCELLENCE

Discover the Guvon Hotels & Spas commitment to holistic luxury. Our portfolio offers a diverse range of specialized wellness experiences.

Signature Spa Destinations: From the soulful retreats at Kloofzicht Spa and Glenburn Spa to the sophisticated urban escape of Fairway Spa.

Tailored Wellness: Experiences designed for couples' reconnection, bridal preparation, and corporate revitalisation.

Holistic Hospitality: As part of the Guvon Hotels family, our spa experiences are seamlessly integrated with world-class dining and leisure, ensuring every touchpoint of your stay is elevated.



CONTACT DETAILS

Tel: 011 478 8020

Email: spareception@thefairway.co.za
spareception2@thefairway.co.za

www.thefairwayspa.co.za



CONTACT DETAILS

Tel: 011 668 1615

Bookings: health@glenburn.co.za

www.glenburnspa.co.za



CONTACT DETAILS

Tel: 011 317 0640

Email: spa@kloofzicht.co.za
spadmin@kloofzicht.co.za

www.kloofzichtspa.co.za



MASSAGE *Therapy*

SWEDISH

Back & Neck

Full Body

Experience relaxation with our Swedish Massage, Long strokes, kneading, and gentle stretching ease muscle tension, improve circulation, and reduce stress. Leaves you feeling calm and refreshed.

30min • R510 | 45min • R630
60min • R780 | 90min • R950

HOT STONE

Back & Neck

Full Body

Experience deep relaxation with heated stones used to ease muscle tension, promote flexibility, and leave you feeling calm and rejuvenated.

30min • R510 | 45min • R630
60min • R780 | 90min • R950

AROMA

Back & Neck

Full Body

Soothing massage with essential oils to calm the mind and body, reducing stress and promoting relaxation. Enjoying the freedom of choosing your favorite massage mediums from our selection of luxurious infused body oils.

30min • R520 | 45min • R640
60min • R790 | 90min • R960

Choose from our signature Blends:

Jasmin Flower

Arnica & Mint

Marula

Hawaiian Coconut

IMMERSIVE BUBBLE BUTTER MASSAGE

Experience a luxurious treatment that combines the nourishing properties of body butter with soothing sensation of gentle bubbles, melting away tension and leaving your skin feeling soft, and pampered.

90min • R1050

INDIAN HEAD MASSAGE

Reduce stress and anxiety by promoting relaxation and calming the mind.

30min • R510

LEG AND FOOT RELIEF

Sooth tired legs and feet with expert massage and care, promoting relaxation and circulation

30min • R480

ADD ON MASSAGES

Scalp, hands, or feet

15min • R165

FACIAL & BODY *Treatments*

FACIAL TREATMENTS

ENERGISING SKIN TREATMENT

Quick refresh for any skin with a nourishing treatment. Leaves skin hydrated and glowing.

30min • R550

DOUBLE EXFOLIATING SKIN TREATMENT

Gently exfoliate and renew your skin, removing dead cells and unclogging pores for a smoother, brighter skin.

45min • R700

RADIANCE BOOST

Brighten and even out your complexion, revealing a radiant glow.

60min • R750

HYDRATING

Quench your skins thirst with our nourishing facial, featuring a soothing mask and moisturizing treatment to leave your skin feeling soft, supple, and revitalized.

60min • R930

DELUXE ANTI-AGING

Combat signs of aging by experiencing a relaxing facial that targets fine lines and wrinkles while providing intense hydration, leaving your skin smoother or more radiant.

60min • R950

BODY RESTORATIVE

VITALITY BODY RECOVERY

Experience ultimate rejuvenation with our body exfoliation, a nourishing mask and end off with a blissful massage.

150min • R1400

BODY COCOON

Full body exfoliation and hydrating or detoxifying mask. Smooth, radiant skin and a healthy glow.

60min • R750

SELF HEATING BODY BUFF

Body exfoliation to remove dead skin cells, smooth rough patches, and reveal radiant skin.

30min • R500

MANDARIN& SANDLWOOD LIFE SAVING BACK TREATMENT

Experience a rejuvenating back treatment designed to melt away stress and tension while leaving your skin feeling smooth and nourished by exfoliation, followed by a nourishing wrap. A soothing massage, finishing off with a refreshing application of a cooling gel.

45min • R550



SPA FOR *Hands & Feet*

DELUXE MANICURE

Includes expert exfoliation, cuticle care, nail shaping, and polish, plus a paraffin treatment.

75MIN • R450

CLASSIC MANICURE

Includes expert exfoliation, cuticle care, nail shaping, and polish.

60MIN • R400

GEL MANICURE (TAKE NOTE: Treatment time for Mani's & Pedi's might vary)

Includes expert exfoliation, cuticle care, nail shaping, and gel polish.

60min • R500

MINI MANICURE

Cuticle care, nail shaping, and paint.

30min • R310 | GEL 30min • R320

DELUXE PEDICURE

Includes expert exfoliation, heel work, cuticle care, nail shaping, and polish, plus a paraffin treatment.

75min • R480

CLASSIC PEDICURE

Includes expert exfoliation, heel work, cuticle care, nail shaping, and polish.

60min • R430

GEL PEDICURE (TAKE NOTE: Treatment time for Mani's & Pedi's might vary)

Includes expert exfoliation, heel work, cuticle care, nail shaping, and gel polish.

75min • R530

MINI PEDICURE

Includes cuticle care, nail shaping, and paint.

30min • R320 | Gel 30min • R330

SOAK-OFF AND BUFF

Gel removal, cuticle care, and buff
(Does not include a shine or paint)

30min • R160

TAKE NOTE: Treatment time for Mani's & Pedi's might vary

HYDRO & Steam

PRIVATE JACUZZI
30MIN • R400

PRIVATE STEAM
30MIN • R100

MINI *Delights*

MEDIHEEL TREATMENT

Filing of heels and Medi heel treatment

• R180

PARAFFIN TREATMENT

Application only- hands or feet

• R130

SELF HEATING SCRUB

Application only-Back, hands or feet
~ Chat with your therapist for recommendations

15min • R160

SELF HEATING MASK

Application only- Back, hands or feet
~ Chat with your therapist for recommendations

15min • R160

GENTLEMEN *Treatments*

MEN REVIVE PEDICURE

Ideal for active men. Revive dry, rough feet with exfoliating treatment, precision nail care, and relaxing massage. Get your active lifestyle feeling refreshed and revitalized.

50min • R400

THE BUSINESSMAN MANICURE

Sleek, sophisticated nail care for the modern businessman. Includes nail shaping, buffing, and a professional finish.

50min • R370

THE EXECUTIVE BUFF

Cuticle work, nail shaping, buff, and shine
(Does not include paint)

• R150



SIGNATURE Experiences

MOM AND ME

Indulge in a blissful Mom and Me experience, featuring a soothing back massage, a refreshing appetizer facial, a rejuvenating foot ritual, and a delightful spa lunch. Take home a special gift to cherish the memory.

90min • R2900

HYDRO ESCAPE

Melt stress and tension, and indulge in deep relaxation with a 30-minute jacuzzi and a 60-minute full body massage

90min • R1100

GROUP SPA Retreat

SHIRAZ

Unwind and rejuvenate with friends or colleagues.

180min • R1650

- *Arrival with coffee, tea, and snacks
- *30min Back neck and shoulders
- *30-min Revitalizing Foot Ritual
- *30-min Hand Ritual
- *Spa Lunch
- *Take-home gift

HALF-DAY SPA Packages

TRANQUILITY

Indulge in a blissful relaxation and romance with your loved one. Unwind together in a jacuzzi with sparkling wine and chocolates, a relaxing 90-minute couples massage, and enjoy a romantic lunch.

~ Treatment subject to therapist availability.

120min • R3200 for two

CELEBRATION

Celebrate in style with a 60-minute massage, pedicure, mini manicure, spa café lunch. Take home a special gift to cherish the memory.

150min • R1600

ESCAPE

Rejuvenate your body, mind, and spirit in a tranquil oasis by enjoying a 60-minute full body massage, 60-minute facial, 60-minute pedicure, and a soothing hand ritual, paired with a delicious lunch.

180min • R2250

FULL-DAY SPA Packages

RELAX AND REJUVENATE

Melt stress and fatigue, and emerge feeling refreshed and renewed by enjoying a 30-minute jacuzzi, 30-minute steam room session 60-minute full body massage, 60-minute facial, and a 60-minute pedicure, paired with a nourishing lunch.

240min • R2395 per person

BLISSFUL DAY

Indulge in a day of full bliss and enjoy a 30minute jacuzzi, 30-minute steam room session, full body exfoliation, 60-minute full body massage, and a 60-minute facial, paired with a delicious lunch.

240min • R2680

SERENITY DAY

Escape to serenity and relax with a 30-minute jacuzzi, 30-minute steam room session, fully body exfoliation, 90-minute full body massage. 60-minute facial and a 60-minute pedicure, complete with a nourishing lunch

~ Treatment subject to therapist availability.

360min • R6640 for two



OVERNIGHT Packages

BLISSFUL TREAT

R 7290 per Couple | R 4315 Single

One night's accommodation, with lodge breakfast & dinner, a spa café lunch, and treatments:

30 min Jacuzzi Session | 60 min Massage | 30 min Revitalizing Foot Ritual | 30 min Conditioning Hand Ritual

SERENDIPITY

Fri/ Sat & PH • R 5445 per Couple | R 3360 Single
Sun-Thurs • R 4335 per Couple | R 2170 Single

One night's accommodation with breakfast, a spa café lunch & treatment: 30min Jacuzzi Session | 60min Massage 30min | Conditioning Hand Ritual | 30min Revitalizing Foot Ritual.

SUNDAY INDULGENCE

R 3097 per Couple | R 1551 Single

One night's accommodation with breakfast, spa Café lunch & treatments: 45min Back Massage | 30min Revitalizing Foot Ritual.

TRANQUIL MOMENTS *for Mom*

PREGGIE RELIEF MASSAGE

Full Body 60min • R800

Relieves pain associated with backache, leg cramps, and swelling of the feet. This massage can be adapted according to the individual's trimester using specialized techniques.

~ from second trimester.

BELLY WRAP

45min • R650

Combine soothing blends of herbs and oils to help reduce stress, ease discomfort, and nurture your bump.

~ from second trimester.

KID'S *Corner*

~ FOR KIDS UP TO 11 YEARS OLD

ROYAL TREATMENT

75min • R600

Indulge your little ones with a quick pampering session.

- Mini facial (Gentle cleanse and moisturize)
- Back neck and shoulder massage
- Mini manicure

KID'S MANICURE

30min • R190

Keep your little ones' nails looking neat. Includes nail shaping, buffing, and nail polish application.

~ Treatment time can vary

KID'S PEDICURE

30min • R280

Pamper your little ones' feet. Includes a foot soak, nail trimming, buffing, and polish application.

~ Treatment time can vary

KID'S BACK, NECK, AND SHOULDER

30min • R385

Relax with a soothing massage to help you unwind and feel calm.





SPA HOURS

Closed: Monday
Tuesday - Sunday: 8am – 5pm

CONTACT DETAILS

Tel: 011 668 1615
Bookings: health@glenburn.co.za

www.glenburnspa.co.za

AFTER HOUR TREATMENTS AVAILABLE, SUBJECT TO AVAILABILITY. PLEASE ENQUIRE.

SPA ETIQUETTE & POLICIES

Appointments: Booking in advance is recommended.

Punctuality: Kindly ensure that you are on time for your treatment. Should you begin later than your scheduled appointment, your treatment time will be reduced or cancelled, with the full treatment fee charged regardless.

Cancellation policy: A 24-hour notice period is required; appointments not cancelled in time will be charged for in full.

Mobile phones: Kindly ensure your device is switched to silent mode or off

Prices: All prices are subject to change without prior notice.

Indemnity: The spa, its therapists will not be held responsible for any injuries, adverse reactions, or complications before, during or after a treatment/s or for any theft, damage, loss, or accident that occurs on the premises.



