



## **GLENBURN SPA Treatment Menu 2024**

### **MASSAGE**

#### **Back Massage**

30min R480

45min R590

#### **Indian Head & Scalp Massage**

30min R480

#### **Full Body Massage**

60min R720

90min R890

- Swedish
- Hot Stone
- Aroma
- CBD

#### **Leg & Foot Relief**

30min R450

### **SKIN CARE**

#### **Appetizer**

30min R490

*An express hydrating skin treatment.*

#### **Essential**

60 min R690

*A customized skin treatment, targeting specific concerns*

#### **Enhancers**

R150ea

- Collagen eye treatment
- Firming Alginate Mask

### **BODY & HYDRO**

#### **Body Cocoon**

60min R720

*Full body exfoliation with a hydrating or detoxing mask*

#### **Body Exfoliation**

30min R420

*Wet & dry full body exfoliation*

**Private Jacuzzi Session**

30min R380pp

**Hydro Bliss**

90min R1020pp

*30min Jacuzzi session with 60min Aroma massage***FINISHING TOUCHES****Touch**

Conditioning Hand Ritual	30min R290
Mini Manicure	30min R310
Classic Manicure	60min R390
Deluxe Manicure (incl Paraffin treatment)	75min R430
Gel Manicure	90min R490

**Step**

Revitalizing Foot Ritual	30min R310
Mini Pedicure	30min R330
Classic Pedicure	60min R410
Deluxe Pedicure (incl Paraffin treatment)	75min R460
Gel Pedicure	90min R510
Medipeel Pedicure	75min R480

**Enhancers**

- Gel Application – only 30min R250
- Soak off & buff 30min R140
- Paraffin treatment R100/treatment

**BABY ON BOARD****Prenatal Massage**

60min R780

**Maternal Delight**

2hrs R1070

*Prenatal Massage & Classic Pedicure***GENTLEMAN'S AGREEMENT**

- **Macho Skin Treatment** 60min R690
- **Gentleman's Handshake** 60min R350
- **Just keep walking** 60min R370

## **DELUXE RITUALS**

**Body Renewal** 2hrs R1 400  
Body Exfoliation, Massage, Foot Treatment & home treat

**Skin Sense** 2hrs R1 400  
A Combination of massage, facial, eye treatment & more with home treat

## **Journeys**

### ***Relief Uplift Revive Escape***

**Relief** 1.5hrs R1 050  
45min Back Massage, Conditioning Hand Ritual, Revitalizing Foot Ritual

**Revive** 2hrs R1 180  
60min Swedish Massage, Mini Pedicure, Mini Manicure

**Uplift** 2hrs R1 330  
60min Aroma Massage, Appetizer Facial, Mini Pedi

**Escape** 3hrs R1 970  
30min Back Massage, Essential Facial, Classic Pedicure, Conditioning Hand Ritual,  
Spa Café Lunch & a home treat.

## **SPECIAL OCCASIONS**

**Tranquility for 2** 2hrs R2 900  
Jacuzzi (incl candles, glass of sparkling wine & chocolate truffles)  
90min Aroma Massage, Spa Lunch & home treat

**Bridal Bliss** 2.5hrs R1 280  
60min Swedish Massage, Classic Pedicure & Conditioning Hand Ritual

**Mom and Me** 60min R990  
Appetizer Facial, Revitalizing Foot Ritual, Spa Café Lunch & home treat

## OVERNIGHT PACKAGES

### **Blissful Treat**

R 6640\couple

R 3790\Single

One nights Accommodation, with lodge breakfast & dinner, spa lunch and treatments:

- 30min Jacuzzi Session (incl Candles, bottle of JC le Roux, chocolate truffles)
- 60min Swedish Massage
- 30min Revitalizing Foot Ritual
- 30min Conditioning Hand Ritual

### **Serendipity**

Fri\Sat& PH

R4840\couple

R2890\single

Sun-Thurs

R3680\couple

R2310\single

One night's accommodation with breakfast, a Spa Cafe lunch & treatments:

- 30min Jacuzzi Session
- 60min Aroma Massage
- 30min Conditioning Hand Ritual
- 30min Revitalizing Foot Ritual

### **Sunday Indulgence**

R3 540\couple

R2 250\single

One night's accommodation with lodge dinner, breakfast & spa treatments:

- 45min Back Massage
- 30min Revitalizing Foot Ritual

## **GROUP RETREAT**

*Minimum 5 guests for group retreats*

### **Merlot**

R1'140pp

- 45min Back Massage
- 30min Revitalizing Foot Ritual
- Spa lunch
- Home treat

### **Shiraz**

R1'440pp

- Arrival coffee, tea & snacks
- 30min Back Massage
- 30min Revitalizing Foot Ritual
- 30min Conditioning Hand Ritual
- Spa Lunch
- Home Treat