



# THE FAIRWAY SPA

GUVON SPA COLLECTION

*On Par With Excellence*



## SPA HOURS

Sun – Tues 9:00am – 18:00 pm

Wed- Saturday 8:00am – 19:00pm

Public Holidays 8:00am – 18:00pm

## CONTACT DETAILS

Tel: 011 478 8020

Email: [spareception@thefairway.co.za](mailto:spareception@thefairway.co.za)

Alternative: [spareception2@thefairway.co.za](mailto:spareception2@thefairway.co.za)

## CENTRAL RESERVATIONS:

08611 48866

[cro@guvon.co.za](mailto:cro@guvon.co.za)

[www.guvonhotels.co.za](http://www.guvonhotels.co.za)



## MASSAGE

Indian Head & Scalp (30min) R 390

Anti- Stress Back & Neck (30min\60min) R 390 \ R 630

### Classic Massages (60min\90min)

Swedish – medium to deep pressure massage R 650 \ R 790

Hot Stone – medium pressure relaxing massage R 650 \ R 790

Aroma – enjoy the benefits of aromatic oils R 680 \ R 820

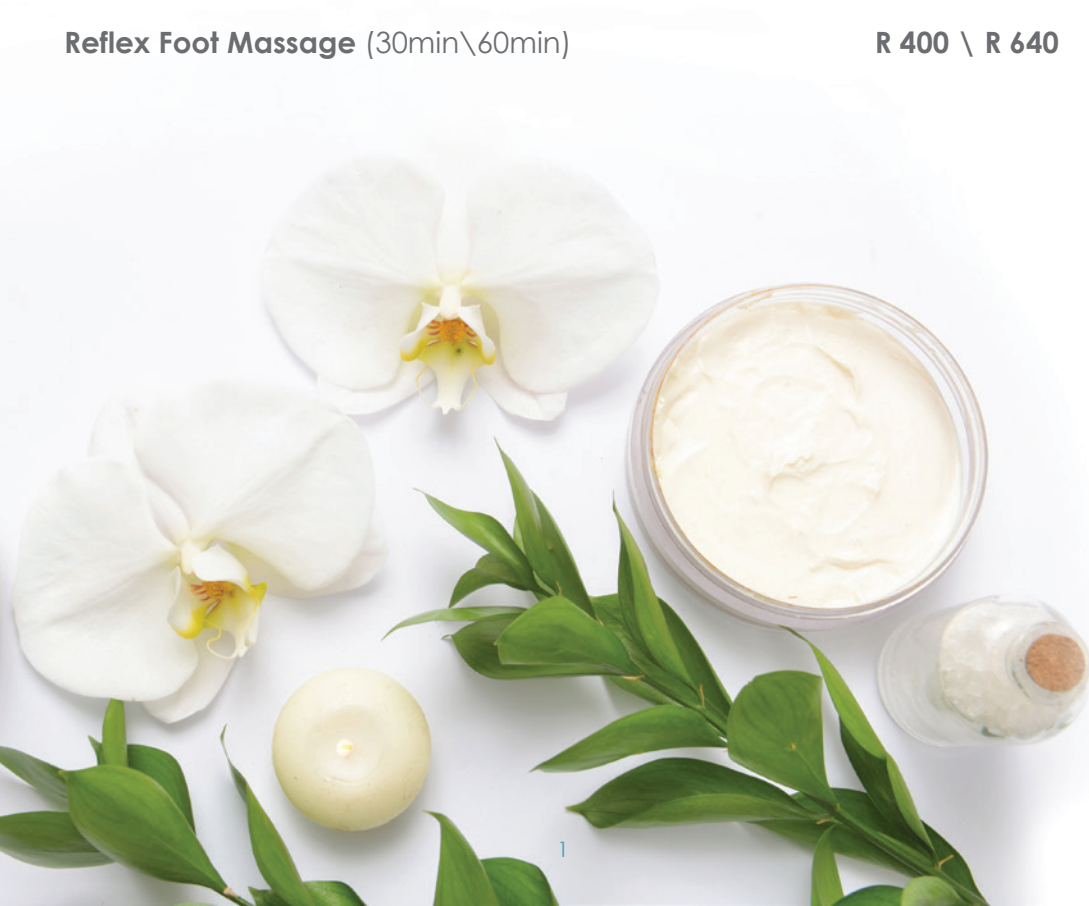
Soya Candle(90min) - includes a massage candle R790

### Specialised (60min\90min) R 680 \ R 820 ea

Deep Tissue Bamboo – stimulating, draining massage

African Poultice – ideal for fatigue

Reflex Foot Massage (30min\60min) R 400 \ R 640



## SKIN TREATMENT

### Nimue

#### Classic

Therapeutic (30min) R 400

Deep Cleanse (60min) R 610

Active Rejuvenating (60min) R 680

#### SRC

Thermal Detox (45min) R 510

Environmental Damaged (75min) R 780

Hyper Pigmented (75min) R 780

Problematic (75min) R 780

#### Advanced (Includes High Frequency)

TCA Peel (90 min) R 850

7.5% deep exfoliating peel targeting skin roughness

Glycolic Peel (90 min) R 850

35% Glycolic peel concentrating on improving the skin texture

Micro Needling (60min) R 1 200

Improve collagen remodelling & skin firmness

### Babor

#### Classic

Hydra Boost Express (30min) R 420

Purifying (60min) R 620

High Frequency Anti Age Control (60min) R 700

#### Advanced – Include High Frequency

Skin Renewal (60 min) R 880

30% Glycolic Peel

HSR Lifting (90min ) R 880

## BODY

**Body Polish** (30min) **R 400**  
*Full body dry and wet exfoliation including a scalp massage.*

**Polish and Relax** (90min) **R 1 050**  
*Full Body Polish with Swedish Massage*

**Classic Body Wrap** (60min) **R 680 ea**  
*Algae Detox - detoxing, renewing and revitalizing*  
*Thermo Mineral – invigorating, stimulating and replenishing*

**Advanced Body Wrap** (90min) **R 880 ea**

- **Chilli Cellulite** – boosts circulation, flush toxins & underlying fat cells, targeting the bottom, hip & thigh area
- **Chocolate** – anti-ageing, toning and softening
- **Mud\Clay** - goodbye excess water & impurities

**Body Bronzing Tan Can**  
10 min Session **R 60 per session**  
10 x 10min Session **R 540**

## HYDROTHERAPY

*Kindly note pre-booking of Hydro sessions are essential.*

**Rasul Chamber** (30 min) **Single: R 350 \ Sharing: R 650**  
**Spa Jacuzzi** (45min) **R 300 pp**  
**Hydrotherapy Bath** (45min) **R 300 pp**  
**Flotation Tank** (45min) **R 300 pp**



## PRE-NATAL

**Expecting Mom to Be Massage** (60 min) **R 750**

**Mom to Be Ritual** (120min) **R 980**  
*Prenatal massage with Classic Pedicure*

## BRIDAL

**Bride & Bridesmaids** (2hrs) **R 1 200 pp**  
*30min Rasul session, 90min Massage, Spa lunch*

## THE YOUNG ONES

**Mom & Teen** (12-18yrs) (2hrs) **R 1 080 pp**  
*60min Massage, 60min Classic Pedicure with Spa lunch*

**Mom & Me** (8-11yrs) (90min) **R 850 pp**  
*30min Back Massage, 30min Mini Facial, 30min Express Manicure*

## JUST FOR MEN

**T-off Gents Energising Skin Treatment** (60min) **R 600**

**Par-level Hand Grooming** (45 min) **R 310**

**Golfers Foot Grooming** (45 min) **R 330**



## HANDS AND FEET

### Hands on

Express Manicure (30 min)	R 250
Classic Manicure (60min)	R 380
Deluxe Manicure (75min) - includes paraffin mask	R 410
Gel Manicure (75min)	R 430
Fire & Ice Manicure (75min)	R 420
Manicure with Acrylic tips (90min)	R 690

### Feet First

Express Pedicure (30min)	R 270
Classic pedicure (60min)	R 400
Deluxe Pedicure (75 min) – includes paraffin mask	R 430
Gel pedicure (75min)	R 450
Mediheel Pedicure (75min)	R 480
Fire & Ice Pedicure (90min)	R 440

### Nail extras

Gel Paint only (30min)	R 290
Soak off and Buff (30min)	R 180
Acrylic only (60min)	R 380
Nail art	R 30 per nail

## BEAUTY EXTRAS

### Waxing

Eyebrow/ Lip or Chin	R 220
Underarm	R 200
Standard bikini	R 280
Brazilian/Hollywood/other	R 320
Half leg wax	R 220
Full leg wax	R 320

*Other waxing on request*

### Tinting

Lash	R 130
Brow	R 110
Lash & brow tint	R 220
Brow shape & tint	R 180
Lash Extensions	R 780



## SPA JOURNEYS

**The Fairway Journey (4hrs 30min) R 2 100 pp**

- 30min Rasul Session
- 60min Nimue Classic Facial
- 60min Full body massage
- 60min Classic manicure
- 60min Classic pedicure
- Spa lunch

**The Fairway morning retreat (2hrs 30min) R 1 900 pp**

- Smoothie & Seasonal fruit platter with Bulgarian yogurt
- 30min Indian Head Massage
- 60min Hot Stone massage
- 30min Reflexology ritual
- 30min Express Nimue Facial.

**The Fairway stay over retreat (4hrs) Single: R 3 700**

**Sharing: R 6 550**

- 30min Rasul session
- 90min Swedish Massage
- 60min Nimue Classic Facial
- 60min Classic Pedicure
- Spa lunch
- Overnight stay in a premier room with full English breakfast

