



GLENBURN SPA
GUVON SPA COLLECTION

A better place to be

SPA HOURS

Monday to Sunday - 8:00am to 17:00pm

Public Holidays - 8:00am to 17:00pm

CONTACT DETAILS

Tel: 011 668 1615

Email: health@glenburn.co.za

CENTRAL RESERVATIONS:

08611 48866

cro@guvon.co.za

www.guvonhotels.co.za



MASSAGE

Foot & Lower Leg (30min)	R300
Indian Head & Scalp (30min)	R350
Back, Neck and Shoulder (30min) (60min)	R 390 R 640
Swedish (60min) (90min)	R 640 R 790
Hot Stone / Aromatherapy (30min) (60min) (90min)	R 400 R 680 R 830
Deep Tissue (60min)	R 680

SKIN TREATMENT

Age – Defining Facial (90min) <i>A specialized anti-ageing facial</i>	R 830
Hydrating/Balancing Facial (60min) <i>Customized to your specific skin concerns.</i>	R 590
Appetizer Facial (30min) <i>An express facial to boost the skin.</i>	R 435
Eye Treatment (20min) <i>Add on during facial or as individual treatment</i>	R 160



BODY TREATMENTS

Body Wrap (60min) <i>Includes a full body exfoliation, luxurious body cream with a pressure point scalp massage.</i>	R 660
Specialized Leg Treatment (60min) <i>An invigorating foot and leg treatment</i>	R 500
Body Exfoliation (30min) <i>Full body exfoliation</i>	R 360
Clarifying Back treatment (60min)	R 580

MOM TO BE

Prenatal Massage (60min)	R 650
Prenatal Pamper (90min) <i>60min Prenatal Massage combined with a 30min Leg & Foot Reviver</i>	R 920
Great Expectations (120min) <i>60min Prenatal Massage, 30min Hand & Foot Experience. Take home gift</i>	R 1 190

HYDROTHERAPY

Rasul Session (30min) <i>An exfoliating mud treatment that soothes muscles and softens the skin.</i>	R 360 pp
Steam room (20min)	R 120 pp
Private Jacuzzi (30min)	R 350 pp
Jacuzzi with Full Body Massage (1hr30min)	R 890 pp

FINISHING TOUCHES

Manicures

- Gel Polish Manicure** (90min)
- Luxury Manicure** (60min)
- Classic Manicure** (60min)
- Mini Manicure** (30min)
- Conditioning Hand Ritual** (30min)

R 430
R 350
R 310
R 230
R 250

Pedicure

- Gel Polish Pedicure** (90min)
- Luxury Pedicure** (60min)
- Classic Pedicure** (60min)
- Mini Pedicure** (30min)
- Revitalizing Foot Ritual** (30min)

R 460
R 380
R 340
R 250
R 280

- File & Paint** (20min)
- Gel paint only**
- Soak of & buff**

R 180
R 200
R 100



PACKAGES

Stress Relief Package

R 1 090 pp

- 30min Back, Neck and Shoulder Massage
- 30min Conditioning Hand Ritual
- 60min Classic Pedicure
- Spa Lunch

Uplift Package

R 1 400 pp

- 60min Aromatherapy Full Body Massage
- 30min Indian Scalp Massage
- 30min Revitalizing Foot Ritual
- Spa Lunch

Revive Package

R 1 870 pp

- 60min Full Body Massage
- 30min Revitalizing Foot Ritual
- 30min Conditioning Hand Ritual
- 60min Hydrating/Balancing Facial
- Spa Lunch

Gentleman's Escape

R 1 220 pp

- 30min Back, neck and shoulder massage
- 30min Indian Scalp massage
- 30min Hand Ritual
- 30min Foot Ritual



SPECIAL OCCASIONS

Delightful Duo

R 4 500 for two

- 30min Revitalizing Foot Ritual
- 30min Conditioning Hand Ritual
- 30min Appetizer Facial
- 60min Swedish Full Body Massage
- 30min Indian Scalp Massage
- Jacuzzi (candles, glass of sparkling wine & chocolate truffles included)
- Spa Lunch

Bridal Package

R 1 700 pp

- 30min Full Body Exfoliation
- 60min Aroma Full body massage
- 30min Indian Scalp Massage
- 60min Classic Pedicure

Bridesmaids

R 900 pp

- 30min Back, neck and shoulder massage
- 30min Revitalizing Foot Ritual
- 30min Conditioning Hand Ritual

Champagne Breakfast Spa Package

R 1 250 pp

- Champagne Breakfast at the Hotel
- 60 min Aromatherapy Full Body massage
- 20 min Scalp massage

Mom and Me Spa Package

R 960 pp

- 30 Min Back, neck and shoulder massage
- Mini Manicure
- Mini Pedicure
- Spa Lunch

SPA OVERNIGHT PACKAGES

Blissful Overnight Spa Package

R 5 430 for two

One night Garden suite sharing accommodation with dinner, breakfast, Spa lunch and Spa Treatments.

- 30min Couples Razul Session
 - 30min Jacuzzi (candles, glass of sparkling wine & chocolate truffles)
 - 60min Full Body Massage
 - 30min Revitalizing Foot Ritual
 - 30min Conditioning Hand Ritual
- (Prices are subject to change)

Midweek Escape

R 2 800 for two

One night luxury accommodation with breakfast, Spa lunch and Spa treatments.

- 60 min Back, neck and shoulder massage
- Conditioning Hand Ritual
- Revitalizing Foot Ritual
- Jacuzzi session
- Spa lunch

Sunday Indulgence Spa stayover

R 2 700 for two

One night luxury accommodation with breakfast, Spa lunch and Spa treatments.

- 60 min Aromatherapy Full Body Massage
- 60 min Facial
- Spa lunch

